

CALABOGIE AND AREA HOME SUPPORT

Calabogie and Area Home Support located at 5056 Calabogie Road has been providing transportation services to seniors and adults with disabilities in the Greater Madawaska Township for 20 years to assist them to remain in their homes for as long as possible. Their personal, assisted door-to-door service provides transportation in-town to assist people to get to doctor's appointments, stores or the day program, locally to take people into Renfrew or Arnprior for medical appointments, banking and shopping and long-distance to take people to Ottawa or Pembroke for medical appointments. The fees that clients are charged for this service, help to cover the mileage costs that volunteer drivers receive for the use of their vehicles. While these services help clients to remain in their home community, the volunteers also benefit. Research has shown that volunteering can: heighten a person's sense of self-esteem, self-worth and confidence, reduce heart rate and blood pressure, increase endorphin production which leads to greater feelings of well-being and calm, boost the immune system and nervous system functioning and overcome social isolation. Volunteers also meet new people, learn about local history and know that they have made a difference in someone else's life. As a member of a team of volunteers, they know that if they cannot take a drive that day, another volunteer will. To ensure that clients receive the best service possible, volunteers are oriented to their position and training is provided. If you are in need of transportation to get to the store or a medical appointment or have the time to assist others, you can call the office at 752-2828.